



**Healthier
Menu**

Eat all foods in moderation.



We use
healthier oil
Eat all foods in moderation.



MUM'S KITCHEN CATERING PTE LTD (200917408H)

3015, Bedok North Street 5, Shimei East Kitchen #02-06 Singapore 486350

Tel: 6346 0969 Fax: 6346 7194 www.mumskitchen.com.sg

HEALTHIER DINING PROGRAMME LUNCH / DINNER BUFFET MENU A

\$17.00 Per Guest | \$18.19 with GST | Minimum 30pax

~ All dishes are prepared using Healthier Oil ~

STARTER

Asian Quinoa Salad (Vegetarian)

Nicoise Salad with Tuna Flakes

HOT SELECTION

Slow-Roasted Chicken Breast

Honey Glaze

Steamed Fish Fillet

Topped with Julienne Vegetables

Stir Fry Tiger Prawn

Premium Soy Sauce

Broccoli with Poku Mushroom

Oyster Sauce/ Vegetarian

Healthy Brown Rice with Hazelnut and Raisin **(Vegetarian)**

~Brown Rice~



NOODLE BAR

OPTIONAL: Chef in Action

Fu Zhou Fish Ball Noodle Soup

Fish Ball, Fuzhou Fish Ball, Fish Cake, Lettuce

Complete with Clear Chicken Broth

~Wholegrain Yellow Noodle / Brown Rice Vermicelli~



OR

Mum's Signature Mee Siam

Tiger Prawn, Quail Egg, Tao Pok, Lime and Sambal Chilli

~Brown Rice Vermicelli~





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DESSERTS

Double Boiled White Fungus with Papaya, Red Dates and Apricot Seeds

(Vegetarian)

Hot / Cold

OR

Seasonal Fresh Fruits Platter

BEVERAGES

Cranberry Cordial

Complimentary Ice Water

For catering order:

- Full buffet setting with food warmer, table, table cloth and skirting.
- Full set of disposable ware with crockery & cutlery will be provided.
- Food is best consumed within 3 Hours (as per NEA's guideline).
- Please adhere to the time stamping accompany to the food order.
- We reserve the rights to change the item of equivalent value without prior notice, due to availability.
- Biodegradable ware crockery & cutlery is available at \$1.00 (with GST \$1.07) per pax.
- Optional Rental of Chinaware or Melamine ware are available from \$3.50 (with GST \$ 3.75) per person.
- Other Terms & Conditions apply.

Transport charge:

- Transport and Set-up charge @ \$50 (with GST \$53.50).
- Transport will be waived for 55pax & above (Min \$11.00 Buffet Menu).

Goods and Services Tax:

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HEALTHIER DINING PROGRAMME LUNCH / DINNER BUFFET MENU B

\$15.00 Per Guest | \$16.05 with GST | Minimum 30pax

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STARTER

Simple Corn Salad (Vegetarian)

Tomatoes, Carrot, Coriander

Crunchy Apple and Celery Salad with Toasted Nuts

HOT SELECTION

Roasted Fresh Chicken Breast

Infused with Fresh Rosemary, Au Jus

Stir Fry Sliced Fish

Spring Onion and Ginger

Sautéed Tiger Prawns

Cilantro and Trio Peppers

Steamed Silken Tofu

Topped with Green Peas and Egg White

Steamed Crystal Dumpling

Vegetarian / Non Vegetarian

Eight Treasures Wok Fried Rice

~Brown Rice~



OR

Xing Chow Bee Hoon (Vegetarian)

~Brown Rice Vermicelli~





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DESSERTS

Mum's Signature Cheng Tng (Vegetarian)

Hot / Cold

OR

Seasonal Fresh Fruits Platter

BEVERAGES

Apple Cordial

Complimentary Ice Water

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HEALTHIER DINING PROGRAMME COCKTAIL / TEA RECEPTION MENU A

\$10.90 Per Guest | \$11.66 with GST | Minimum 30 Pax

~ All dishes are prepared using Healthier Oil ~

SANDWICHES

Tuna Mousse

Tomato and Green (Vegetarian)

~ Wholemeal Bread ~



SAVOURY

Slow Roasted Chicken Wing Sticks

Honey Asian Spice

Steamed Soon Kueh

Vegetarian / Non-Vegetarian

Shell curry Puffs (DF)

Curry Potato / Sardine

Homemade Pizza

Vegetarian / Non-Vegetarian

WOK SPECIAL

Xing Chow Bee Hoon

~ Brown Rice Vermicelli ~



Vegetarian / Non-Vegetarian

SWEETS

Seasonal Fresh Fruits Platter

BEVERAGE

Orange Cordial

OR

Freshly Brewed Coffee or Tea

~Syrup/Sugar/Creamer are served separately~

Complimentary Ice Water



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HEALTHIER DINING PROGRAMME COCKTAIL / TEA RECEPTION MENU B

\$15.90 Per Guest | \$17.01 with GST | Minimum 30 Pax

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SANDWICHES

Tuna Mousse

Tomato and Green (Vegetarian)

~ Wholemeal Bread ~



CANAPE

Prawn Cocktail with Mango Salsa *(In Glass)*

Smoked Duck Crepe Roll *(In Dish)*

Open Face Roasted Vegetables Sandwich

~Wholemeal Bread~ (Vegetarian)



SAVOURY

Chicken Breast

BBQ Sauce

Steamed Crystal Dumpling

Vegetarian / Non Vegetarian

Freshly Baked Puff

Chicken / Tuna

Mini Quiche

Chicken / Mushroom / Spinach

SWEETS

Seasonal Fresh Fruits and Berries *(In Glass)*

BEVERAGE

Fruit Punch

OR

Freshly Brewed Coffee or Tea

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Complimentary Ice Water



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HEALTHIER DINING PROGRAMME EXECUTIVE BENTO MENU A

\$7.80 Per Guest | \$8.35 with GST | Minimum 30 Pax

~ All dishes are prepared using Healthier Oil ~

MENU

Mixed Garden Salad
(Vegetarian)

Roasted Fresh Chicken Breast
Infused with Fresh Rosemary, Au Jus

Oven Roasted Vegetables
Vegetarian / Non-Vegetarian

Healthy Brown Rice
Steamed (Vegetarian)

~Brown Rice~



Complimentary Fruit of the Day

The Takeaway Order: BENTO & FOOD DELIVERY

- All food are packed in disposable aluminium foil tray/ microwaveable container unless with buffet order.
- Table & Warmer are not provided.
- Valid with a minimum order of \$220.00 (with GST \$235.40) & above.
- Full set of Biodegradable disposable ware & cutlery for Takeaway order.
- Food best consumed within 1 Hour from delivery (as per NEA regulation).
- Please adhere to the time stamping accompanying to the food order.
- All items presented on the list are subject to availability. The management reserves the right to replace unavailable items of equal or lower value.
- Payment by CASH or CHEQUE upon delivery only.

Transport charge:

- Delivery Charge @ \$30.00 (with GST \$32.10) per trip.
- Full buffet table set-up applicable @ \$120.00 (with GST \$128.40) (not inclusive of delivery-cum-collection fee).

Goods and Services Tax:

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MENU

Mixed Garden Salad
(Vegetarian)

Stir Fry Sesame Chicken with Ginger
Fresh Chicken Breast

Stir Fry Seasonal Vegetables with Poku Mushroom
Oyster Sauce / Vegetarian

Healthy Brown Rice
Steamed / Simple Wok Fried (Vegetarian)

~Brown Rice~



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HEALTHIER DINING PROGRAMME EXECUTIVE BENTO MENU C

\$12.00 Per Guest | \$12.84 with GST | Minimum 30 Pax

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MENU

Mixed Garden Salad
(Vegetarian)

Chicken Breast Roulade
BBQ Sauce

Steamed Fish Fillet
Topped with Julienne Vegetables

Mushroom Omelette

Steamed Vegetable Medley
(Vegetarian / Non Vegetarian)

Healthy Brown Rice
Steamed / Simple Wok Fried (Vegetarian)

~Brown Rice~



Complimentary Fruit of the Day





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